

Clown Workshop in Dublin led by Ruth Lehane

“There is a vitality, a life force, an energy, a quickening, that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and will be lost.” - Martha Graham.



Opening the door to Clown – 2 day clown workshop.

Facilitated by Ruth Lehane

Ruth Lehane; founder of Fourth Leaf Theatre Co. is an award winning clown performer, writer and maker of clown theatre.

Having worked for two years with Jacques Lecoq in Paris, where she discovered the European approach to clown, she later studied Clown Through Mask, a Native American approach, developed by Richard Pochinko with Sue Morrisson in Toronto. For more info go to: www.RuthLehane.com

Clowns exist without parameters, they enjoy complete freedom of expression. The clown does not exist aside from the actor performing him/her.

The Focus: This workshop focuses on the freedom given by the red nose which allows us to discover more about who we really are in essence, at our core. When we drop the accumulated perceptions of who we think we should be, a door opens to a place where we can reveal our true selves without judgement and where anything can happen.

The Aim: Through various preparatory exercises influenced by both European and Native American approaches to clown, the participants will access the many colours of their individual clown's palette and allow them to shine through, for example; light/darkness; joy/pain; frivolity/seriousness; disappointment and delight. Once the various facets of the clown are discovered, we can then bring them to a state of play.

Ruth's unique range of experiences makes her workshops exciting, challenging, inspirational and fun.

Dates: Sat 18th and Sun 19th April 2015

Time: 10am - 5pm

Venue: ABCD Building, 40 Lower Drumcondra Road, Dublin 9

Cost: €150

Places limited to twelve

To book a place call Ruth on 087 993 6418

